

## COLT E-NEWSLETTER

MAIN OFFICE: 541-744-5000

FAX: 541-744-5029

ATTENDANCE: 541-744-5027

**Helpful Hints for the Second Semester**

We are halfway through the school year! With the new semester comes an opportunity to push the reset button and start fresh. Here are some helpful hints for students and parents/guardians that will help everyone be more successful:

**Attendance**

- o Students: Show up to every class on time. If you miss a class, advocate for yourself and seek help from your teachers and peers!
- o Parents/Guardians: Please call Student Services if you have questions or concerns about your child's attendance 541-744-5048.

**Synergy and Communication**

- o Students: Continue to check your grades and missing assignments online. If you don't have access, please use one of the computers in the Library.
- o Parents/Guardians: Please communicate with the teachers if you have questions or concerns. If you don't have ParentVue set up, please call the Counseling Office 541-744-5000.

**Homework**

- o Students: Stay on top of your homework. Rather than waiting for it to pile up, "chunk" your assignments and do what is manageable. Don't forget about the due date!
- o Parents/Guardians: Set aside a time for homework each night. Check ParentVue or email teachers if you have questions.

**Extra Help and the THS Tutoring Center**

- o Students: Go see your teachers during lunch or after school. Also, there are amazing tutors in the Library that are eager to help. Please drop in during your free period, lunch, or set up a time to get assistance after school. Also, feel free to work with your teachers if you need to access help during class.
- o Parents/Guardians: Email teachers about what kind of support your child may need or set up a time to meet with a teacher.

**Let's all start strong this semester so we can finish strong...  
GO COLTS!**

**[Thurston One Page](#)**

For Current Information on the Calendar, bell schedule and how to contact staff visit the:

[Thurston Website](#)

To check out the schedule and see our events visit the:

[Events Calendar](#)

For times and locations of our sporting events visit the:

[Sports Calendar](#)

Connect with us and "LIKE" us at:

[THS Facebook](#)

Follow us on Twitter

[@thscolts](#)

**Spring Sports Registration**

Are you interested in playing a Spring Sport? Baseball, Softball, Boys & Girls Tennis, Track, Boys & Girls Lacrosse and boys Golf will be available for registration on February 17th 5-7PM in the Cafeteria. Each sport is \$150 and you NEED to have an ASB card. If you are wondering if your sports physical is up to date please call or stop by the Health Room 541-744-5049.

**Important Dates:**

2/13 - Rose Dance - Cafeteria - 8-10:30PM  
 2/15 - Presidents Day - No School  
 2/17 - Spring Sports Registration - Cafeteria - 5-7PM  
 2/17 - Immunization Exclusion Day  
 2/19 - Early Release - Red Day  
 2/26 - Mr./Ms. THS Dodgeball - Main Gym - 6:30-9PM  
 2/29 - 1st Day of Spring Sports Practice  
 3/5 - SAT Testing Day  
 3/7 - 3/11 - Classified Appreciation Week  
 3/15 - ACT Test for Juniors (9th, 10th & 12th C Day)

**College and Career Center****The Oregon Promise –FREE College**

If attending an Oregon Community College is something you are considering (even as a back-up plan), **YOU NEED TO APPLY by March 1st at 5pm!**

THREE steps: 1) Apply **NOW**; 2) File the FAFSA or ORSAA (student-aid applications for undocumented Oregonians) before March 1, 2016 (be sure a Community College is listed in your FAFSA; and 3) Submit your transcript request form to the College and Career Center.

**File (and correct) Your FAFSA NOW!**

You will want to file your FAFSA EVEN IF YOU DON'T THINK YOU WILL BE ELIGIBLE FOR FEDERAL GRANTS, because colleges and universities use this as a basis for scholarships and private grant funding. If you already filed your FAFSA with estimated figures, remember to go back and make corrections with your family's actual 2015 tax numbers. Click [HERE](#) to start or correct your 2016-2017 FAFSA application.

**LCC Foundation Scholarships**

Apply to MANY with ONE Application!

If you are considering applying to Lane Community College, you'll want to apply for LCC Foundation Scholarships. 200 scholarships and \$800,000 to LCC!

Apply through the [STARS](#) Online application

**Deadline: March 3, 2016 at 8:59 PM**

If you have a 2.0 – 2.99 GPA you are eligible for a \$14,000 scholarship at LCC!!

**OSAC (Oregon Student Access & Completion) Scholarships**

Criteria: Various, depending on each scholarship guidelines and committees. All require four 150-word essays and list of recent activities. (The same questions and activity information will work for the LCC Foundation Scholarship applications, as well!) Click [HERE](#) to apply for all scholarships through the OSAC website. Follow all rules and guidelines carefully.

**Early Bird Deadline: February 15, 2016 at 4:59 pm**

**Final Deadline: March 1, 2016 at 4:59 pm**



# THURSTON HIGH SCHOOL COLT E-NEWSLETTER

## Graduation Requirements

Thurston High School students must complete Essential Skills Graduation Requirements in Reading, Writing, and Math. Any combination of the three Categories below can be used to meet the Reading, Writing, and Math Essential Skills Graduation Requirements:

Category 1: Smarter Balanced Testing

Category 2: ACT, AP Exams, PSAT, SAT, and WorkKeys

Category 3: Work Samples (requires additional coursework at THS)

While "Opting-Out" of Smarter Balanced Testing as a Junior is an option for your student, please be aware Smarter Balanced testing acts as a very viable method for meeting these graduation requirements. Category 2 and 3 options require additional testing and potentially 18 week courses.

Please call Principal Chad Towe, or THS Testing Coordinator Christine Thomas for more information.

### Senior information to know:

February 16th-Early Bird deadline for OSAC

March 1st-Deadline for OSAC

May 31- Tickets will go on sale for Senior Breakfast and Graduation

June 10th- Senior Breakfast @ the Eugene Hilton from 8 AM until 10 AM (Price to be determined)

June 11th- Graduation @ the Hult Center at 1:00 PM (Number of tickets to be determined)

## Imunization Exclusion Day

According to state law, students who have not received all of their required immunizations, or do not have a religious exemption on file, by February 17, 2016—so-called "Exclusion Day"—will not be allowed to come to school until they are up to date.

This year, the state is also calling for families whose exemptions were signed before March 1, 2014, to submit new proof of immunization or exemption paperwork. School health aides have been working to contact families of affected students.

Because of the higher numbers of students this year, the district is offering several walk-in clinics at our School Health Center (1050 10th St., adjacent to Springfield High School) to make it even easier for families to get the immunizations they need. The immunizations can be billed to insurance or offered on a sliding fee scale.

## Robotics Team

Congratulations to our four robotics teams for their fantastic performance at the League Championship on January 16 in Junction City! Two teams - Phalanx and Player 1 - qualified to compete at the Super Qualifier Tournament on February 14 in Hillsboro. In addition, Phalanx received third place for the Inspire Award. Good luck in Hillsboro!

## ACT Test for Juniors

The ACT will be administered on March 15th to our entire 11th grade class (9th, 10th and 12th graders will be on "C" Day Schedule.) Now is a perfect time to be studying for the test. Students can log on to Naviance to access free ACT test preparation. Students can find the "Naviance Test Prep" link under the Resources tab on the home page. Juniors will be emailed with more specific information and a step by step instruction sheet to get started. Ask your

## Thurston's Pantry

Thurston High School is proud to partner with food for Lane County to provide food, school supplies, warm clothes, and toiletries free of charge to Thurston families. If you or anyone you know is in need please call Thurston's main office and let us know (541) 744-5000. Thurston High School's Food Pantry is an equal opportunity provider.

## THE SUMMER ACADEMY TO INSPIRE LEARNING (SAIL)

### MISSION: INSPIRE STUDENTS TO PURSUE HIGHER EDUCATION

SAIL is the University of Oregon's largest pipeline program led by volunteer faculty aimed at increasing students' enrollment and success in college through early exposure and exploration. SAIL hosts FREE summer camps for students 8th through 12th grade. Priority is given to students who qualify for Free and Reduced Lunch programs. We believe higher education is a right, not a privilege. SAIL is also the ASPIRE mentoring site for the University of Oregon.

Link: [sail.uoregon.edu](http://sail.uoregon.edu)

What's Great About SAIL:

- Camps are FREE
- Amazing FREE FOOD
- Assortment of Interactive Camps to choose from
- Meet New People
- Great for Resumes, College and Scholarship Applications
- No Homework
- SAIL scholarship opportunities

CONTACT US:

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